

Supporting Families

who are caring for a child/youth with mental, emotional, or behavioral health needs

G.E.A.R. Parent Network Provides

Parent Peer Support

- Toll free 800#
- Information & referral
- 1:1 support at home & in the community
- Emotional support
- System navigation
- Support groups

Education & Training

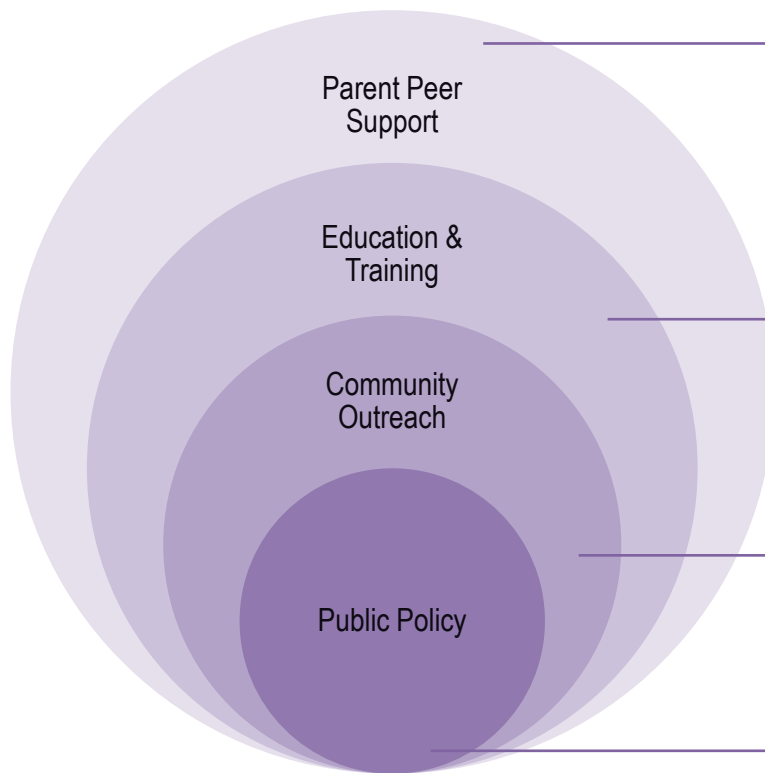
- Train families, youth & professionals
- Educate child-serving systems
- Conduct educational workshops & conferences
- Certify parent peer support providers

Community Outreach

- Community resource fairs
- Educate & inform around children's mental health awareness
- Social & recreational activities

Public Policy

- Identify needs of families & their children
- Participate in program design & evaluation
- Recruit & train family leaders



Strengthening Communities

by developing partnerships and building mental health awareness across the State of Maine

Lived Experience

Our staff are primary caregivers of a child/youth with mental, emotional, or behavioral health needs

Family-Driven

Families participate in decisions about their child as well as policies for all children

Cross-System Partnership

We collaborate with all child-serving systems in the State of Maine

Culturally Responsive

We reflect the diversity and culture of our state and communities

Empowering Families

We build on the unique strengths and resiliency of families